

Habiba Shaheen Lecturer and Consultant Department of Psychology University of Wah

## **Contact Information:**

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#### **Education**

- M. Phil Psychology
- Preston University, Islamabad
- 2017

### Habiba Shaheen, Lecturer and Consultant at University of Wah

#### **Emerging Areas of Interest**

- Clinical Psychology / Psychopathology/ Psychotherapy and Assessment/Counseling
- Academic Writing and Publications Support

# **Professional Summary**

A highly dedicated and compassionate clinical psychologist and an educator with extensive knowledge and expertise in both educational and clinical settings. Trained under esteemed clinicians and academicians, deeply passionate about supporting individuals through their personal challenges, skilled in assessment, case formulation, and implementing therapeutic interventions with a strong foundation in research and collaborative professional environments.

# **Key Skills and Strengths**

- Psychological Assessment, Counseling, and Psychotherapy
- Research Design and Methodology
- Event Coordination for Workshops and Conferences
- Communication and Interpersonal Skills

#### **Availability and Consulting Terms**

Available for psychological services and event planning projects.
Open to short-term assignments and willing to negotiate terms based on project requirements.